

# Victor Community Support Services Urban Children's Resiliency Program

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Program Manager

# **Mission & History**

- Our mission is "to be a catalyst for sustained change in the lives of those we touch"
- Victor was founded in 1966 by David Favor, LCSW, whose vision was to get children out of state hospitals and reintegrated into the community for treatment.
- Victor first opened residential Victor Treatment Centers and non-public schools – North Valley Schools
- VCSS was started in the late 1990's to provide inhome/community based mental health services. Statewide programs now include EPSDT, MHSA, Wraparound, Department of Rehabilitation, Juvenile Justice Services, Educationally Related Mental Health Services, and First 5 programs.
- VCSS Davis is in its 3<sup>rd</sup> year providing Prevention and Early Intervention work in Yolo County (Davis, Woodland and West Sacramento, plus Clarksburg) funded by MHSA.

# Victor's History With Yolo County

Yolo County workers from Juvenile Probation and Department of Social Services have used <u>Victor Treatment Centers</u> high level residential programs in Lodi, Santa Rosa and Redding to serve Yolo County kids and families for more than 30 years.

## **VCSS County Locations in California**

- Yolo County--Davis
- San Joaquin County—Stockton
  - Butte County--Chico
- Sutter/Yuba Counties--Marysville
  - Shasta County--Redding
  - Nevada County--Grass Valley
- Riverside County--Lake Elsinore, Perris
- San Bernardino County—San Bernardino, West San Bernardino, Victorville, Barstow

### **VCSS Provides a Variety of Services**

- MHSA Prevention and Early Intervention
- MHSA Innovations
- Community-Based EPSDT Mental Health Services
- Therapeutic Behavioral Services
- SB163 Wraparound
- School-Based Mental Health Services
- Groups (Why Try, Personal Power, ART, CBT Substance Abuse Treatment, Thinking for a Change, Matrix, INSIGHT, Nurturing Parents and Nurturing Fathers, NCTI, and more)
- Educationally Related Mental Health Services
- Parent Child Interaction Therapy (PCIT)
- Transitional Age Youth (TAY) Services
- Family Resource Centers
- Juvenile Justice Services

# **Staffing for VCSS Davis**

- VCSS Davis has 6 full time employees
  - One Program Manager/Clinical Supervisor
  - Four Mental Health Rehabilitation Specialists
  - One Office Manager/Human Resources Manager
- Volunteers/Interns Stage Project
  - The Stage Project has an ever-expanding list of volunteer mentors providing arts-based mentoring services to at risk teens.

### Who we serve at VCSS Davis

- In fiscal year 2011-12 we served 3144 unduplicated clients; in 2013, YTD end of January total was 1776.
- In fiscal year 2011-2012 we had 751 visits (groups events).
- Of students served:
  - 32% White
  - 45% Hispanic
  - 10% multi-racial
  - 2.5% African American
  - 2.5% Asian American
  - 1.5% Hawaiian/Island pacific/Native American
  - 2.5% Other

# **Types of Services**

#### **Categories**

- School based "Decision Making" Groups
  - Why Try
  - NCTI Curricula
  - Personal Power
- Mental Health Education
  - Real Colors
  - Drug and Alcohol Education
  - Bullying/Cyberbullying
  - Parent Education Sessions
    - Avoiding Arguments and Power Struggles with Kids
    - Holiday Blues
    - Conflict Resolution

#### **Target Population**

- "At Risk" of developing Mental Health symptoms
- Youth Experiencing Juvenile
   Justice Involvement
- Trauma Exposed Individuals
- Children and Youth in Stressed Families
- Children & Youth at Risk of Failure
- Homeless individuals & families
- Victims of Domestic Violence

## **Two New Programs**

#### **The Stage Project**

- Mentoring Program based on matching mentors and mentees who share a passion for a particular art:
- Music (writing, singing, playing instruments, poetry/spoken word, recording)
- Visual arts (drawing, painting photography, sculpture)

#### **Parent Support Groups**

- At the end of Parent Education presentations parents are offered the opportunity to form peer led PSG's. We facilitate the first few meetings and leave laminated instructions and guidelines for peer-led groups.
- We lead weekly groups at SADVC in Davis & Wayfarer's Homeless Shelter in Woodland

# **Funding Stream**

 Victor's Urban Children's Resiliency Program is funded by Proposition 63:
 The Mental Health Services Act
 Prevention and Early Intervention (PEI)

# **Referral Pathways**

- Our services are scheduled as events, from school-based groups to community-based mental health education presentations.
- We do extensive outreach to the educational community from the district level heads of student services to vice principals and school counselors.

### **Contact information**

- Contact David Hafter, MFT
   (dhafter@victor.org) for more specific information on services provided.
- Contact Office Manager LaRena Romero at 530-601-5600 (<u>Iromero@victor.org</u>) to schedule an event or for additional information.