



Our Community Our Future

YOLO COUNTY HEALTH DEPARTMENT

Healthy Yolo

Quarterly

September, 2013

Healthy Yolo on the Move

Since our kick-off meeting on July 12th, Healthy Yolo has been busy developing partnerships, organizing committees, conducting open house events, and surveying community members.

The Steering Committee has been assembled and met for the first time on August 16th. Many items were discussed that included identifying additional partners, online gaming to increase community engagement, revision of the preliminary health information for the open houses, and review of the Healthy Yolo Project Plan. The Steering Committee meets once a month.

The Community Health Status Assessment and Community Themes and Strengths Assessment are under way. Both subcommittees have met on several occasions and are in the midst of collecting, organizing, and analyzing data.

The Forces of Change Assessment and Local Public Health System Assessment will begin in October. Most likely each of these assessments will be a one-day event where we invite key leaders of the community and representatives of the local public health system to share their thoughts on specific issues.

We are still looking for subcommittee members to be a part of these assessments, so if you are interested, sign up today.

Upcoming Events

September

- 19th – Open House. Let's Get Healthy Fair at River City High School, W. Sac
- 19th – Open House. Food distribution. Winters
- 21st – Open House. Farmers' Market. Woodland
- 22nd – Open House. Community Health Fair. Woodland
- 23rd – Open House. Food distribution. Esparto
- 27th – Healthy Yolo Steering Committee Meeting
- 28th – Open House. Festival de la Comunidad. Winters

October

- 1st – Open House. Food distribution. Clarksburg
- 5th – Open House. Multicultural Event. W. Sac
- 12th – Open House. International Festival, Davis
- 15th – Open House. Senior Center. Davis
- 17th – Open House. Senior Center. Woodland
- 19th – Open House. Covenant Church. Davis
- 21st – Open House/Focus Group. Visiting seniors. Winters
- 24th – Open House/Focus Group. Visiting seniors. Esparto

More Events Pending

Open House Events

Healthy Yolo conducted its first open house event on July 24th at the Davis Farmers' Market and was most recently in Knights Landing at the Mexican Independence Day celebration on September 15th. The open house events allow community members to share and understand the specific concerns and strengths of our community and to prioritize public health issues that concern them the most. For those who stop by, they may view preliminary health data for Yolo County to see how healthy we are as a community.

Your participation will make a difference. The results of the survey will be used to prioritize public health issues that Healthy Yolo will address.

In the months of September and October, Healthy Yolo will be conducting over 15 open house events in 8 cities within Yolo County. Take our survey and receive a free tote bag, pen, and be entered to win a Visa gift card. You may also place your stickers onto our health issues wall chart.



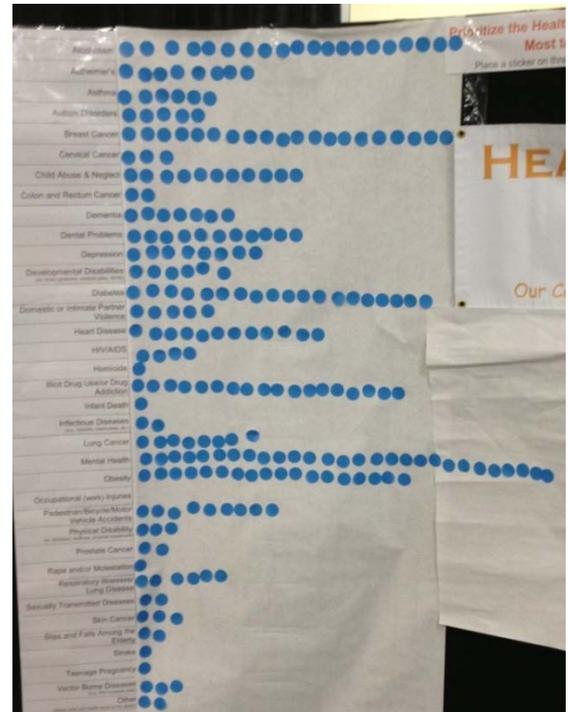
Visit our website to see when the next open house event will be in your town.

Or take the survey online at www.HealthyYolo.org.

HEALTH ISSUES WALL CHART

The health issues wall chart is a quick and easy method to visualize what health issues community members are most concerned about. Each person who takes the survey is given three stickers to place on three separate health issues that concern them the most and that they would like to see addressed.

Yolo County Fair August 17th



FAST FACTS

450

Total number of stickers placed on the health issues wall chart for 3 events

12%

Highest selected health issue for three events – Mental Health

Don't Be Left Out

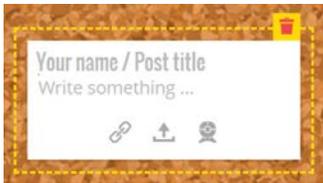
Health Issues and Community Strengths

If you have not done so already, please visit our website at www.HealthyYolo.org and take our survey. Tell us what the strengths of your community are, how is the quality of life in your community, and what health issues concern you.

Vision and Values

We also want to know what is your vision of a healthy community and what are the most important aspects that promote health in a community.

It's easy! Double click anywhere on the board. Enter your city for the title and select in the space below to post a message or picture.



Sign Up to be a Healthy Yolo Committee Member

We still have a few open spaces on our subcommittees and we are always looking for interested community members to join our steering committee. Learn more about the [functions and time commitments](#) for each committee. Complete our [Community Member Participation Form](#) and sign up.

MORE TO COME

Healthy Yolo is planning on completing the four community assessments by the end of this year.

Based on the findings of these four assessments, Healthy Yolo will help community members prioritize health issues, develop goals and strategies, identify resources, and take action.

Be sure to keep an eye out for future events and newsletters.

We will be posting additional upcoming events and the assessment results on our website.

FOR MORE INFORMATION

Contact the Healthy Yolo Team

Email: healthyyolo@yolocounty.org

Phone: (530) 666-8638

Website: www.HealthyYolo.org