PEDIATRIC REFERENCE SHEETS

PEDIATRIC AVERAGE WEIGHTS & VITAL SIGNS – RECOMMENDED ET TUBE, LARYNGOSCOPE BLADE & SUCTION CATHETER SIZES						
AGE	**WEIGHT (KG)**	**PULSE**	**RESP**	**ET TUBE ***	**BLADE #**	**SUCTION CATHETER**
Preemie	< 1 - 2.5			See table below	0	5 or 6
Term NB	2.5 – 4	100 – 160	30 – 50	3 – 3.5	1	6 or 8
6 Months	7	80 – 160	30 – 50	3.5 – 4	1	8
1 Year	10	80 – 160	24 – 40	4 – 4.5	1	8
2 Years	12	80 – 130	24 – 32	4.5	2	8 or 10
4 Years	16	80 – 120	22 – 28	5.0	2	10
6 Years	20	75 – 115	22 – 28	5.5	2	10
8 Years	25	70 – 110	20 – 24	6.0	2	10 or 12
10 Years	34	70 – 110	20 – 24	6.5	2	12
12 Years	41	65 – 110	16 – 22	7.0	3	12
*****ET tube selection should be based on the child's size, not age. One size larger or one size smaller should be allowed for individual variations.						

HYPOTENSION IS DEFINED AS:	
AGE	**SBP (mmHg)**
Term neonates (0 – 28 days of age)	**< 60**
Infants 1 month to 12 months	**< 70**
Children > 1 year to 10 years	**< 70+(2 x age in years)**
> 10 years	**< 90**

NEONATAL SUGGESTED ET TUBE SIZES AND DEPTH OF INSERTION ACCORDING TO WEIGHT AND GESTATIONAL AGE			
Weight Grams	**Gestational age, wk**	**Tube size mm (ID)**	**Depth of insertion From upper lip, cm**
< 1000	< 28	2.5	6.5-7
1000-2000	28-34	3.0	7-8
2000-3000	34-38	3.5	8-9
>3000	>38	3.5-4.0	>9

APGAR SCORING CHART				
	SIGN	**0**	**1**	**2**
A	APPEARANCE (Color)	Blue, pale	Body pink, hands and feet blue	Completely pink
P	Pulse (Heart Rate)	Absent	Slow (below 100)	Over 100
G	Grimace (Muscle Tone)	Flaccid limp extremities	Some flexing of extremities	Active motion
A	Activity (Response to flick on sole)	No Response	Some motion, cry	Cough, sneeze, vigorous cry
R	Respiratory effort	Absent	Slow, irregular	Good, crying

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PEDIATRIC NEUROLOGICAL ASSESSMENT		
Glasgow Coma Scale: Score 3-15		
Score	**< 2 years or Dev. delayed**	**Over 2 years of age**
Eye Opening		
4	Spontaneous	Spontaneous
3	To Voice	To Voice
2	To Pain	To Pain
1	None	None
Best Verbal Response		
5	Coos, babbles	Orientated
4	Irritable cry	Confused
3	Cries to pain	Inappropriate words
2	Moans to pain	Incomprehensible sounds
1	None	None
Best Motor Response		
6	Spontaneous	Obeys commands
5	Withdraws to touch	Localizes pain
4	Withdraws to pain	Flexion Withdrawal
3	Abnormal flexion	Abnormal flexion
2	Abnormal extension	Abnormal extension
1	None	None